

# PIZZA PROPAGANDA

## BREAKFAST BOWLS

Available 10am - 4.00pm

<b>Five a day bircher:</b> Rolled breakfast oats, soaked in apple juice & dairy free yoghurt, blended with a mix of ginger, courgette, banana, & carrot, topped with fresh blueberries & shaved coconut	7.50
<b>Granola ola:</b> Granola topped with dairy free yoghurt & frozen berries, drizzled with Black Bee honey	8.00
<b>Morning glory:</b> Oat milk soaked chia seeds, rolled breakfast oats, peanut butter, & coco powder, topped with milk chocolate drops & dairy free yoghurt	9.00
<b>Acai bowl:</b> Blended mixed berries & banana, acai powder, topped with granola, blueberries, banana, strawberries & chia seeds	9.00

## FLATBREADS

Available 10am - 4.00pm. Woodfired Mediterranean sourdough

<b>Tomato flatbread:</b> Slow roasted tomatoes, Bocconcini mozzarella, rocket, salsa verde	7.00
<b>Lamb flatbread:</b> Slow braised spiced lamb shoulder, crumbed feta, rocket, dairy free mint yoghurt	7.50
<b>Duck flatbread:</b> Slow roasted shredded duck leg, hoisin sauce, spring onion, cucumber, toasted sesame seeds	7.50
<b>Chicken flatbread:</b> Marinated chicken, sweetcorn, baby coriander, chipotle mayonnaise	

## JUST BECAUSE

Marinated Bella Napoli <b>olives</b> , roasted garlic, baby pickles, slow roasted tomatoes	4.50
Toasted Mediterranean <b>sourdough</b> loaf, sweet balsamic, olive oil, Netherend salted butter, sea salt	6.00
Whipped <b>goats cheese</b> , toasted Mediterranean sourdough loaf, pomegranate seeds, Black Bee honey	7.50
Hand carved Pata Negra <b>Iberico ham</b> , Mediterranean sourdough loaf	15.00
Isle of Wight roasted <b>garlic</b> , rosemary and sea salt sourdough <b>flat bread</b>	7.00
Spiced roasted <b>cauliflower</b> , coriander, roquito sweet chilli pepper pearls, non dairy yoghurt	7.00
House <b>salad</b> ; radicchio, slow roasted tomatoes, roquito sweet chilli pepper pearls, pine nuts, sweetcorn ribs, roasted beetroot, pickled red onion, olives, salsa verde	8.00

## FROM OUR PIZZA OVEN

Artisan, hand stretched, woodfired, Mediterranean sourdough

Slow roasted <b>tomatoes</b> , tomato sauce, Bocconcini Mozzarella, basil	14.00
Spiced <b>lamb</b> , tomato sauce, feta, roquito sweet chilli peppers pearls, rocket, mint yoghurt, pine nuts	16.00
Pata Negra <b>Iberico ham</b> , slow roasted tomatoes, tomato sauce, Burrata	17.00
Katsu curry sauce, marinated <b>chicken</b> , coriander, Bocconcini Mozzarella, mango chutney, mint raita	15.00
Fire roasted corn puree, <b>sweetcorn</b> ribs, baby carrots, feta, pickled red onion	14.00
<b>Peking duck</b> , hoisin sauce, Mozzarella, cucumber, spring onion, pomegranate seeds	16.00
Dorset <b>Chorizo</b> Picante, tomato, roquito sweet chilli pepper pearls, Manchego, rocket, green and red chilli	16.00
Aged balsamic roasted <b>beetroot</b> , <b>goats cheese</b> , beetroot puree, tender stem broccoli, salted walnuts, Black Bee honey	15.00

## FOR THE CRUST

Isle of Wight roasted garlic and herb dip	3.00
Smoked and spicy chipotle dip	3.00

## THE SMALL PRINT

Our signature Mediterranean sourdough contains: Wheat flour, finely-chopped dried bell pepper, dried onions, salt, dextrose, dried wheat sourdough (wheat flour, starter culture), tomato powder, herbs, wheat malt flour, palm oil, glucose syrup, spice, flour treatment agent E 300, enzymes. All other ingredients are as listed.

As an alternative we offer a NGCI non-gluten artisanal base. We use the term 'Non Gluten Containing Ingredients (NGCI)' because our NGCI products are made using ingredients that do not contain gluten. However, there is more than a minuscule chance of cross-contamination in our kitchen, which is why we cannot guarantee they are free from gluten.

Our NGCI bases contain: Water, Bocconcini Bakery Flour Blend: corn starch, rice flour, potato starch, vegetable Fibres: psyllium, inulin, dextrose, fructose, rice protein, xanthan, thickener: E464, sunflower oil, dry yeast, salt.

## FROM JOE'S FREEZER

Joe Delucci's Gelato

**Dairy**; vanilla, peanut butter, cookies & cream, white chocolate & raspberry, salted caramel

**Non dairy**; lemon sorbet, coconut, mint chocolate chip, fruits of the forest

One scoop 3.00 Two scoops 5.50 Three Scoops 7.50

## COCKTAILS

### Dirty Shirley

Blackback Mountain Strength Vodka, lime, grenadine, soda, sugar syrup 12.00

### Wake Me Up

Blackback Mountain Strength Vodka, Maraba Coffee Liqueur, espresso, sugar syrup 13.00

### Sunset Runner

Portsmouth Cinnabar Spiced Rum, pink grapefruit juice, soda 12.00

### Cherry Bomber

Bepi Tosolini Saliza Amaretto, creme de mure, sweet & sour, cranberry juice 12.00

### Hot Stuff

Winchester Distillery "Round Table" Dry Gn, triple sec, lime, fresh chillis, soda 12.00

## DIRTY SHAKES

Non dairy milk /cream available. Contains 50ml alcohol

### Gone Nuts

Peanut butter gelato, milk, Copper Canvas Peanut Butter Malt Liqueur, praline, whipped cream, chocolate sauce 14.00

### Dirty Monkey

Salted caramel gelato, milk, creme de banana, Maraba Coffee Liqueur, crushed banana chips, whipped cream, toffee sauce 14.00

### Raspberry Ripple

White chocolate & raspberry gelato, milk, Blackback Mountain Strength Vodka, vanilla syrup, freeze dried raspberry, whipped cream, raspberry sauce 14.00

## ALCOHOLIC ALLUMIUM CANS

Nirvana pils low alcohol lager	0.5% abv 330ml can	4.50
Nirvana classic low alcohol IPA	0.3% abv 330ml can	4.50
Steam Town Disco Fluff Helles Lager	4.8% abv 330ml can	5.50
Steam Town West Cost IPA	5.4% abv 330ml can	5.50
Pulp Apple Craft Cider	4.7% abv 330ml can	5.50
Pulp Raspberry Craft Cider	4.0% abv 330ml can	5.50
Engine Gin & Tonic	7.5% abv 237ml can	8.00

## MILKSHAKES

Contains Joes Delucci's Gelato.

Finished with dairy / non dairy whipped cream

**Dairy;** salted caramel, vanilla, peanut butter, cookies & cream, white chocolate & raspberry

**Non dairy;** mint choc chip, fruits of the forest, coconut

all 8.00

## WINE

<b>White</b> ; own label Verdejo La Mancha, Spain	175ml 7.00	Bottle 28.00
<b>Red</b> ; own label Cabernet Sauvignon, La Mancha, Spain	175ml 7.00	Bottle 28.00
<b>Pink</b> ; own label Pinot Grigio Rosato DOC, Venezia, Italy	175ml 7.00	Bottle 28.00

## NON ALCOHOLIC ALLUMIUM CANS

<b>Karma Razzar raspberry lemonade</b>	250ml can	3.40
<b>Karma Orangeade</b>	250ml can	3.40
<b>Karma Lemony lemonade</b>	250ml can	3.40
<b>Karma Cola</b>	250ml can	3.40
<b>Karma Cola sugar free</b>	250ml can	3.40
<b>Happy Inside pomegranate, lime &amp; mint</b>	250ml can	3.90
<b>Happy Inside lemon, yuzu &amp; ginger</b>	250ml can	3.90
<b>Happy inside mango &amp; passionfruit</b>	250ml can	3.90
<b>Marlish still water</b>	330ml can	3.20
<b>Marlish sparkling water</b>	330ml can	3.20

## BEAN BREWS & INFUSIONS

Deveroast, The Artful Roaster, Old Engine Room Blend

Americano		3.50
Latte		3.90
Cappuccino		3.90
Flat white		3.90
<b>Willies Cacao hot chocolate</b> / fully loaded	4.00	4.50
Mocha / fully loaded	4.40	4.90
Selection of Tea Pigs		3.50
<b>Fire &amp; Wolf Syrups</b> ; French vanilla, gingerbread, salted caramel, toasted marshmallow		.50
non dairy milk; oat, soya, coconut		.50

## JUNIOR COMRADES

Flawsome Fruit Water

<b>Wonky apple &amp; blackcurrant</b>	200ml carton	1.50
<b>Wonky mango, apple &amp; orange</b>	200ml carton	1.50